

**Want to Learn How to Take Better Class Notes?
Prepare for Mid-Terms and Finals?
Find Career and Training Opportunities?**

**The Youth Opportunity Center is Providing
Free Workshops for Youth!**

Technical/Vocational Options Workshop

Information on how technical/vocational training programs can lead to jobs/careers.
Monday, April 20, 2009

Career Trends and Planning Workshop

Information on career trends and how to prepare yourself for these opportunities.
Monday, April 27, 2009

Study Methods Workshop

Tips on improving the way you study.
Monday, May 4, 2009

Time Management Workshop

Receive information and tips on how to better manage your time.
Monday, May 11, 2009

Note-Taking/Test-Taking Workshop

Tips and techniques for taking better notes.
Monday, May 18, 2009

All workshops will be held at the Youth Opportunity Center, from 4:00-5:00 p.m.

For more information or to reserve a seat, contact:



YOUTH OPPORTUNITY CENTER
3447 Atlantic Avenue, Long Beach, CA 90807
(At Atlantic Avenue and Wardlow Road)
562.570.4700 / TTY 562.570.4629
www.hireayouth.com



562.570.WORK Call Toll Free 800.292.7200 TTY 562.570.4629 pacificgatewayworkforce.com

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Equal Opportunity Employer/Program. Auxiliary aids and services available upon request to individuals with disabilities.
To request a reasonable accommodation, please call 562.570.3738 or TTY 562.570.4629, at least 72 hours prior to event.